

SPENCERVILLE SUMMER GAMES ALL AGES TRACK AND FIELD MEETS

TWO MEETS: TUESDAY JUNE 8 and TUESDAY JUNE 22, 2010 at 6 PM at SPENCERVILLE HIGH SCHOOL (OHIO). Sponsored by the Spencerville Striders Track Club. Registration starts at 5:00 PM. Entry fee for each meet is \$5.00 per athlete. USATF membership is not required. Athletes on school track teams must have completed their season in order to participate in these meets.

Age groups for both male and female are: **Bantam (BB, BG)** (10 & Under)(born 2000 or later, no older than 10 this year), **Midget (MB, MG)** (11 & 12)(born 1998 or 1999, no older than 12 this year), **Youth (YB, YG)** (13 & 14)(born 1996 or 1997, no older than 14 this year), **Intermediate (IB, IG)** (15 & 16) (born 1994-1995, no older than 16 this year), **Young Men and Women (YM, YW)** (17 & 18)(born 1992-1993 or on or after July 31, 1991, not older than 18 through July 31 this year), **Open (OM, OW)** (born July 30, 1991 or earlier, ages 19 and up). **Age is determined by the athlete's age on Dec. 31, 2010, except for YM and YW.**

Event limits: Maximum of **three events for ages 12 and under** (Bantam & Midget), and **four events for 13 and up.**

Awards: Ribbons will be awarded to the first, second, and third place finishers in each event in each age group. Those who do not finish in the top three places in any event may receive a participation ribbon. Age groups may be combined for competition but will be separated for awards.

Running events will proceed with girls then boys, from young to older ages.

Events (in this order):

6:00 **Field Events** Shot put, discus, high jump, long jump, pole vault (age 13 & older only, bring your own vaulting poles).

6:45 **Running Events:** Short Hurdles (80m, 100m, 110m), 100m dash, 1600m run, 50m dash (ages 0-6 and 7+8 only), 4x100m relay, 400m dash, Long hurdles (200m, 300m), 800m run, 200m dash, 3200m run.

The track is an 8 lane polyurethane surface - **maximum spike length is 1/8 inch.** High jump, long jump, and pole vault approaches are polyurethane - **maximum spike length is 1/8 inch.** Shot and discus pads are cement- no spike shoes allowed.

Shot put: 10 & U Bantam 6lb, 11&12 Midget 6 lb, 13-14YG 6lb, 13-14 YB 4kg, 15-16 IB & 17-18 YM 12 lb, 15-16 IG & 17-18 YW 4kg, 19&Up OM 16lb, 19&Up OW 4kg.

Discus: 11-12 MB&MG, 13-14 YB&YG, 15-16 IG, 17-18YW, 19&UP OW all use small 1kg discus. 15-16 IB & 17-18 YM use 1.6kg High School Boys discus; 19&UP OM use 2kg College discus.

Hurdles: **80m** [11-12MB+MG 8x30"], **100m**[13-14YG 10x30", 13-14YB & 15-UP IG, YW, OW 10x33"], **110m**[15-16 IB and 17-18 YM 10x39", 19+UP OM 10x42"], **200m**[13-14YB+YG 5x30"], and **300m**[15+UP, IB, YM, OM -8x36", IG, YW, OW -8x30"]

Registration will begin at 5:00 PM. Starting blocks, batons, shot puts and discs will be provided. For more information contact Randy Baughman 419-303-7497 email randy@baughman.com or Brian McMichael 419-647-6433 email bcmspen@hotmail.com.

ENTRY FORM ENTRY FEE = \$5.00 payable to SPENCERVILLE STRIDERS
 NAME _____ CIRCLE: MALE FEMALE AGE: _____
(print) first last (on Dec. 31, 2010)

STREET _____ Birth Date: _____
Month Day Year

CITY _____ STATE _____ ZIP _____

PHONE _____ - _____ - _____ CLUB/TEAM NAME if any _____
area code

EVENTS ENTERING: DIV (circle one): BB BG MB MG YB YG IB IG YM YW OM OW
0-10 0-10 11-12 11-12 13-14 13-14 15-16 17-18 17-18 19-up 19-up

1. _____ 3. _____

2. _____ 4. 13 + up only _____

In submitting this entry I waive and release all rights and claims for damages I may have against Spencerville Striders, Spencerville Schools, the event staff, sponsors, and USATF for any injuries suffered in this event. I attest that I am physically fit and sufficiently trained to participate in this event and have full knowledge of the risks involved.

SIGNED _____ DATE _____ IF UNDER 18, PARENT SIGNATURE _____